Current Clinical Issues in Primary Care

Harvard Medical School                           David Geffen School of Medicine at UCLA

Under the Direction of

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Anaheim Convention Center ♦ April 28–30, 2011
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Handouts of the talks presented at Current Clinical Issues in Primary Care (when provided by presenters) can be downloaded online from http://cme.hms.harvard.edu for 8 weeks following the conference.
Dear Colleagues,

We are delighted to welcome each and every one of you to the 2011 Current Clinical Issues in Primary Care in Anaheim, California. We, the Course Directors, and the entire faculty from two premier academic institutions sincerely feel that it is a privilege for us to implement this outstanding educational endeavor for you. The reality is that we, in turn, learn immensely from your questions and our many interactions with you.

The work you do is complex, challenging and of vital importance. This conference is a celebration of your commitment to serve in direct patient care as well as your pursuit of new knowledge skills and the solidification of previous foundations.

The topics we have chosen to present are relevant to our day to day practice and represent emerging trends that will undoubtedly impact the practice of medicine in the months to come. Our speakers are seasoned clinician scholars and speak from volumes of clinical experience. In addition, we request that our speakers offer concrete, evidence-based presentations and provide specific recommendations for generalist practitioners.

The clinicians who come to our conference do so from a wide range of generalist traditions. Our attendees include practitioners from Family Medicine, Pediatrics and General Internal Medicine as well as the medical subspecialties. We also have many nurse practitioners and physician assistants, as well as registered nurses who specialize in generalist and specialty care.

We are confident that you will leave with an understanding of some of the most recent scientific advances along with practical pointers for the care of your patients.

This conference is also a wonderful opportunity for us to meet and talk with one another, share novel experiences and make a renewed commitment to cherish all that is glorious and best about our profession.

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**Current Clinical Issues in Primary Care**

**Thursday, April 28, 2011**

### Morning Sessions

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| 8:00–9:05 a.m. | Welcome and Keynote Address                        | Welcome Martin A. Quan, MD and Sanjiv Chopra, MD, MACP  
Keynote Address Sanjiv Chopra, MD, MACP, Moderator  
Medicine as a Currency for Peace: The Passion William H. Frist, MD |
| 9:05–9:45     | BREAK                                              |                                                   | 1    |
| 9:45–11:45 a.m. | Session 1: Gastroenterology & Hepatology (ARS)    | Gerald W. Smetana, MD, Moderator  
9:45 Celiac Sprue-Protean Manifestations Daniel A. Leffler, MD, MS  
10:25 Hepatitis B: The Ten Most Frequently Asked Questions Sanjiv Chopra, MD, MACP  
11:05 C. difficile Infection: Not Just a Hospital Problem Anymore Daniel A. Leffler, MD, MS |
| 9:45–11:45 a.m. | Session 2: Challenges in Primary Care            | Martin A. Quan, MD, Moderator  
9:45 Evidence-Based Prevention of Coronary Atherosclerosis Gregg Fonarow, MD, FACC, FAHA  
10:25 Erectile Dysfunction Jacob Rajfer, MD  
11:05 Fibromyalgia Peng Thim Fan, MD |
| 9:45–11:45 a.m. | Session 3: Selected Topics in Primary Care        | Richard A. Johnson, MD, Moderator  
9:45 Role of Genetic Testing in Primary Care Wayne Grody, MD, PhD  
10:25 Breast Imaging and the Primary Care Physician Laura Doepke, MD  
11:05 Travel Medicine Made Practical Claire Panosian Dunavan, MD, DTM&H |
| 1:45–5:45 p.m. | Session 4: Women’s Health                         | Martin A. Quan, MD, Moderator  
1:45 Menopause Update 2011 Janet Pregler, MD, FACP  
2:30 Office Management of Female Urinary Incontinence May M. Wakamatsu, MD  
3:15–4:15 BREAK |
| 4:15          | Osteoporosis Update                               | Carolyn J. Crandall, MD, MS  
5:00 Female Urinary Incontinence: Beyond Kegels May M. Wakamatsu, MD |
| 1:45–5:45 p.m. | Session 5: Cardiovascular Medicine (ARS)          | Peng Thim Fan, MD, Moderator  
1:45 Peripheral Vascular Disease: Current Approaches to Diagnosis and Treatment Duane S. Pinto, MD  
2:30 Advances in Stroke Prevention Jeffrey L. Saver, MD  
3:15–4:15 BREAK |
| 4:15          | Hypertension Update                               | Karol Watson, MD, PhD, FACC  
5:00 Management of Heart Failure Jon Kobashigawa, MD |
| 1:45–5:45 p.m. | Session 6: Medicine Potpourri                     | Frank J. Domino, MD, Moderator  
1:45 Integrative Medicine for the Primary Care Practitioner Ka-Kit Hui, MD, FACP  
2:30 New Drugs for Primary Care—What You Need to Know Gerald W. Smetana, MD  
3:15–4:15 BREAK |
| 4:15          | Treatment of Headache                             | Gerald W. Smetana, MD  
5:00 Vitamin D Controversy: What Works and What Doesn't Frank J. Domino, MD |
Current Clinical Issues in Primary Care

Friday, April 29, 2011

Morning Sessions

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<td>8:00–9:00 a.m.</td>
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<td>Sanjiv Chopra, MD, MACP, Moderator</td>
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<td>The Promise of Primary Care</td>
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<td>9:00–9:45</td>
<td>BREAK</td>
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<td>9:45–11:45 a.m.</td>
<td><strong>Session 7: Ask The Expert: Hepatology, Diabetes Management, and Cardiology (ARS)</strong></td>
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<td>Gerald W. Smetana, MD, Moderator</td>
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<td></td>
<td>Panel Discussion</td>
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<td>Sanjiv Chopra, MD, MACP, Martin Abrahamson, MD, FACP, and Duane Pinto, MD</td>
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<td>9:45–11:45 a.m.</td>
<td><strong>Session 8: Pediatric &amp; Adolescent Medicine Trends</strong></td>
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<td>Harvey P. Katz, MD, Moderator</td>
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<td>9:45–11:45 a.m.</td>
<td><strong>Session 9: Common Concerns in Primary Care</strong></td>
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<td>James Puffer, MD, Moderator</td>
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<td>9:45–5:45 p.m.</td>
<td><strong>Session 10: Hematology &amp; Oncology: (ARS)</strong></td>
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<td>1:45–5:45 p.m.</td>
<td><strong>Session 11: Subspecialties in Pediatric &amp; Adolescent Medicine</strong></td>
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<td>1:45–5:45 p.m.</td>
<td><strong>Session 12: Patient Concerns in Primary Care</strong></td>
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Afternoon Sessions

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Morning Sessions

8:00–9:00 a.m.  **Keynote Address**  
**Aging: The Search for the Fountain of Youth**  
**Martin A. Quan, MD, Moderator**  
Gary W. Small, MD 43

9:00–9:45  BREAK

9:45–11:45 a.m.  **Session 13: Clinical Challenges: End of Life Care**  
**Ellen Long-Middleton, PhD, RN, FNP, Moderator**

- 9:45  Common Ambulatory Ethical Challenges  
  **Frank J. Domino, MD**  

- 10:25  Pain Management at the End of Life  
  **Matthew Conolly, MD, FACP, FRCP**  

- 11:05  End of Life Decisions: Listening to the Patient  
  **Ellen Long-Middleton, PhD, RN, FNP**  

9:45–11:45 a.m.  **Session 14: Mental Health Issues**  
**Jane S. Sillman, MD, Moderator**

- 9:45  Completing Treatment of Clinical Depression: Lessons from the Shrink  
  **John R. Sharp, MD, FAPA, FAPM**  

- 10:25  Medicines for the Female Mind  
  **Shirah Vollmer, MD**  

- 11:05  Treatment of ADD in the Primary Care Office  
  **John R. Sharp, MD, FAPA, FAPM**  

9:45–11:45 a.m.  **Session 15: Pediatric & Adolescent Medicine: Interactive Problem Solving (ARS)**  
**Martin A. Quan, MD, Moderator**

- 9:45  Challenging Patients: What's Your Diagnosis  
  **Harvey P. Katz, MD**  

- 10:25  Controversies in Food Allergy  
  **Maria Garcia-Lloret, MD**  

- 11:05  The Bleeding Child  
  **Noah Federman, MD**  

Afternoon Sessions

1:45–3:45 p.m.  **Session 16: Challenges in Primary Care**  
**Roland Sakiyama, MD, FACP, Moderator**

- 1:45  Primary Care for the Sexually Abused Woman  
  **Ellen Long-Middleton, PhD, RN, FNP**  

- 2:25  Common Thyroid Disorders  
  **Roland Sakiyama, MD, FACP**  

- 3:05  Irritable Bowel Syndrome  
  **Marvin Derezin, MD**  

1:45–3:45 p.m.  **Session 17: Common Office Problems**  
**Patrick Dowling, MD, Moderator**

- 1:45  Office Management of Obesity  
  **Jane S. Sillman, MD**  

- 2:25  Office Otolaryngology  
  **Paul A. Kedeshian, MD**  

- 3:05  Latent TB: To Screen or Not To Screen, Whom? How? Anything New?  
  **Patrick T. Dowling, MD, MPH**  

Course schedule subject to change.

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The educational program "Current Clinical Issues in Primary Care" is developed by the Course Committee of Harvard Medical School and David Geffen School of Medicine at UCLA. All decisions about the program content and faculty are made exclusively by the Course Development Committee.

It is the mission of the Course Committee to develop, present, and promote an educational opportunity that is timely, relevant, free of commercial influence, and of the highest quality. To that end, we welcome your comments about how better to serve your needs.

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  - Editor: UpToDate
- James D. Cherry, MD, MSc
  - Speaker: SanofiPasteur
- Sanjiv Chopra, MD, MACP
  - Editor-in-Chief: UpToDate
- Peng Thim Fan, MD
  - Speakers’ bureau: Forest, Eli Lilly, Pfizer
- Gregg Fonarow, MD, FACC, FAHA
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